

Physico chemical and microbial changes of selected Clusterbeans (*Cyamopsis Tetragonoloba* L. Taub) through modified atmosphere packaging and storage

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Abstract

The whole cluster beans had 70.10 g of moisture, pH 5.15, 0.246g of acidity, 2.75 g of fiber, 5.70 degree brix of total soluble solids, 0.90 and 3.00 g per cent of reducing and total sugars at the end of the storage period. There was an increasing trend in bacterial and fungal counts through the storage period. The organoleptic evaluation showed that cluster bean "poriyal" made from (T2) MAP stored vegetables was good as fresh one. Cluster beans belong to Fabaceae family. It is a very hardy crop and withstands very high temperature as well as severe drought conditions. The tender pods are used as vegetables. The probable origins are West Africa and India. The tender pods are harvested as frequently as possible before the pods become fibrous and unfit for marketing. The pods would come ready for picking, depending upon the cultivar from 40 days on ward. Day (1991) found that one of the active packaging of modified atmosphere packaging increase the self-life of fruits and vegetables. George (1993) found that freezing was the best method to preserve the nutritional and organoleptic characteristics of fruits and vegetables Shrink wrapping has been adopted (Shantha Krishnamoorthy, 1993) for storage of the fruits and vegetables. Modified Atmosphere Packaging can further extend the shelf life of fresh and minimally processed fruits and vegetables and stated that it served as an additional hurdle factor against microbial growth in the transportation and distribution chain.

Keywords: clusterbeans, itricacid, MAP, KMS, treatment, days, organoleptic, microbial and bacterial

Introduction

Over the past few years, the development and commercialization of MAP for fresh chilled food products has been most rapid in the world. Marketing strategies for industry (MSI) have recently estimated that modified atmosphere packs sold in 1999 was 2.191 billion with growth and predicted to reach 3.249 billion in 1999 as started by Zagory, (1997) [13]. Controlled atmosphere storage refers to a storage atmosphere which is different from normal atmospheric composition wherein the concentrations of component gases (carbon dioxide, oxygen and nitrogen) are precisely controlled and maintained throughout the storage period. On the other hand modified atmosphere involves exposure of produce to the atmosphere generated in a package by the interaction of the produces (Shantha Krishnamoorthy and Sudhakar Rao, 1998) [9]. The total wastage in all food sectors is as high as Rs 50,000crore if even half the wastage could be prevented, we will have enough calories to improve the nutritional status of our poor people. With the changing life styles of society, consumers have less time to prepare food for cooking. Therefore convenience and simplicity are important to modern day's busy people. Apart from this for reasons of expense, labor and hygiene consume aims to produce or purchase vegetables that are ready-to-use. Minimally processed (MP) food fit -in well within this trend. The tissues in fresh-cut products are still living: To maintain life, their metabolic process must derive energy primarily through the process of respiration. Respiration involves the consumption, using

atmospheric oxygen (O₂), of carbohydrates and organic acids and consequent production of metabolic energy, heat, carbon dioxide, and ethylene and moisture vapor. Different vegetables, and even of a given vegetable will vary in their respiration rates.

Moisture

The initial moisture content was 80.50 g per cent. From the table 1. It was observed that moisture content reduced during storage. After 15 days of storage the reduction in the moisture content was found to be 80.10 in MAP (T₂), 80.20 in MAP + citric acid (T₃), 80.16 in MAP + potassium metabisulphite (T₄) and 80.15 g per cent in MAP + salt (T₅). The control (T₁) had the moisture content of 78.91 g per cent. After 30 days (d₃) the control was deteriorated and in the treated samples, the moisture content ranged between 76.91 and 79.20. After 45 days the reduction was found to be 70.30 in T₂, 70.36 in T₃ and 70.30 g per Cent in T samples whereas T₅ was spoiled. In the large pieces (Cb₂) the reduction in the moisture content was higher than whole cluster beans. The percentage reduction in the moisture content was observed as 77.15 in T₁, 79.99 in T₃, 79.90 in T₃, 79.86 in T and 79.88 g per cent in T₅ samples, after 15 days. The reduction was further increased. After 30 days and ranged from 75.99 to 76.79 g per cent in T₂ to T₅ samples. The moisture content was 70.21 g in T₂, 70.22 in T₃, 70.10 g per cent in T₄ and T₅ was deteriorated at the end of the storage period (d₃).

Table 1: Changes in the moisture content (g%) of cluster beans during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP Citric+ acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50	80.50
15 (d ₁)	78.91	77.15	77.10	80.10	79.99	79.98	80.20	79.90	79.89	80.16	79.86	79.87	80.15	79.88	79.79
30 (d ₂)	-	-	-	79.20	76.33	75.91	78.80	75.99	75.91	78.90	76.79	76.20	76.91	76.30	76.30
45 (d ₃)	-	-	-	70.30	70.21	70.22	70.36	70.22	70.21	70.30	70.10	70.00	-	-	-

In the small size cluster beans (Cb₃) the percentage reduction in moisture content was found to be 77.10, 79.98, 79.89, 79.87 and 79.79 in T₁, T₂, T₃, T₄ and T₅ samples respectively after 15 days. After 30 days further reduction was observed. The T₂, T₃, T₄ and T₅ samples had the moisture contents of 75.91, 75.91, 76.20 and 76.30 g per cent respectively and T₅ sample was deteriorated after 45 days. Similar trend was also observed in small pieces of cluster beans (Cb₃) during storage. Statistical analysis of the data revealed that a significant difference was found in the reduction of moisture content in vegetable type (Cb), storage days (d) and treatments (T). In vegetable type, the minimum decrease was found in whole (Cb₁) followed by large pieces (Cb₂) and (Cb₃). Among the treatments MAP + citric acid (T₃) was the best followed by T₂, T₄, T₅ and T₁. Statistical analysis revealed that there was highly significant difference between the treatments and their interactions. A

marked difference in weight loss was found between non wrapped cucumber samples and other treatments after five days at storage of 5°C. The difference became even more pronounced as storage progressed. After 18 days of storage the non-wrapped samples lost 9.2 per cent while fruit from sealed bags lost only 0.2 per cent. Shriveling in fresh cucumbers became obvious when losses occurred in large amounts (Wang and Qi, 1997) [12]. These changes were observed in cucumbers stored under modified atmosphere packaging. In the present study similar observations were observed. Modified atmosphere packaging prevents moisture loss compared to control samples.

pH

The initial pH of the cluster beans was 4.75 but it increased during storage Table 2.

Table 2: Changes in the pH of cluster beans during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP Citric+ acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75	4.75
15 (d ₁)	4.87	4.86	4.86	4.87	4.84	4.84	4.87	4.83	4.83	4.86	4.81	4.82	4.87	4.85	4.86
30 (d ₂)				4.92	4.98	4.98	4.98	4.95	4.98	4.98	4.93	4.99	4.98		
45 (d ₃)				5.18	5.17	5.15	5.17	5.16	5.16	5.15	5.15	5.14			

After 15 days of storage the pH increased to 4.87 in T₁ (control), 4.87 in T₂ (MAP), 4.87 in T₃ (MAP + citric acid), 4.86 in T₄ (MAP + potassium Meta bisulphate) and 4.87 in T₅ (MAP + salt) in whole cluster beans (Cb₁). After 30 days it increased to 4.92 to 4.98 in T₂ to T₅ samples whereas the control was spoiled. At the end of the storage period (d₃, 45 days) the pH content was 5.18 in T₂, 5.17 in (T₃) and 5.15 in T₄ and T₅ sample was deteriorated.

In the large pieces (Cb₂) of cluster beans also, the pH content increased after 15 days storage (d₁) as 4.86, 4.84, 4.83, 4.81 and 4.85 in T₁ to T₅ samples respectively. After 30 days it ranged between 4.93 and 4.98 and the control was spoiled. At the end of the storage period (d₃) pH was observed as 5.17, 5.16 and 5.15 in T₂, T₃, T₄ samples respectively and T₅ was spoiled.

During the storage period the pH increased in small pieces of (Cb₃) cluster beans also. After 15 days an increase in pH was found to be 4.86 in T₁, 4.84 in T₂, 4.83 in T₃, 4.82 in T₄ and 4.86 in T₅ samples. After 30 days there was an increase in pH 4.83 pH. At the end of the 45 days (d₃) the pH ranged as 5.15, 5.16 and 5.14 in T₂, T₃ and T₄ whereas T₅ was spoiled.

Statistical analysis of the data revealed that there was a highly significant difference in pH. The vegetable type (Cb), storage days and treatment (T) and their interactions were highly significant. In the vegetable type, whole (Cb₁) was the best followed by large pieces (Cb₂) and small pieces (Cb₃) in cluster beans. In the treatments MAP (T₂) was the best followed by T₃, T₄, and T₁ and significantly differed from T₅ and was on par with each other.

The pH of tomatoes, increased after harvest during ripening in air. The tomatoes stored in CA exhibited a consistent change, a reduction was observed during Storage (Santeree, 1989) [8]. In the present study contrary values were observed. Initially the pH content increased whereas it decreased (due to the reduction in the respiratory rates as carbon dioxide content increased in the atmosphere) at the end of the storage.

Acidity

The initial acidity was 0.313 g per cent during storage the acidity increased Table 3.

The increase in acidity was found to be 0.210 m control (T₁), 0.212 MAP (T₂). and in MAP + citric acid (T₃), 0.214 in MAP + potassium metabisulphite (T₄) and 0.210 g per cent m MAP +salt (T₅) m whole cluster beans (Cb₁) after 15 days of the Further increase in acidity was observed after 30 days of storage and ranged between 0.233 and 0.336 g per cent m T₂ to T₅ treatments The control was spoiled after 45 days the acidity was found to be 0.244 m T₂, 0.246 in T₃ and 0.245 g per cent in T₄ and T₅ sample was spoiled.

In large pieces of cluster beans (Cb₂) the percentage of acidity increased to 0.211, 0.214, 0.212, 0.215 and 0.212 g per cent in T₁ to T₅ after 15 days of storage. After 30 days the control was spoiled and others ranged between 0.230 and 0.236 g per cent of acidity. At the end of storage period the acid content increased to 0.245, 0.246 and 0.246 g per cent in T₂, T₃ and T₄ respectively and the T₅ was deteriorated. Similar trends were also observed in small pieces of cluster beans (Cb₃). The increase in acidity was higher than those mentioned earlier.

Statistical analysis of the data revealed that there was a highly significant difference in acid content. The vegetable type (Cb), days of storage and treatments (T) and their interactions were highly significant from one another. In the vegetable type, the whole beans (Cb₁) was the best followed by large pieces (Cb₂) and small pieces (Cb₃) of cluster beans. In the treatments MAP + potassium metabisulphite (T₄) was the best followed by T₂, T₃, T₅ and T₁. Among the treatments, T₄ and T₅ were on par with each other and was significantly different from others. The acidity levels in fruits and vegetables could affect their flavor and acceptability. Controlled atmosphere (CA) storage decreased the respiration rate and utilization of organic acids most effectively, thus CA stored samples had significantly higher titrable acidity than air stored samples Girard and Lau (1995) [3] studied that acidity of tomatoes in CAS generally

increased during first 20 days of storage at both 13 and 15°C then tend to maintain or decrease until 70 days of storage which were in line with the study.

The reduction in fiber content was observed from Table 4. Fiber

The initial fiber content of cluster beans was found to be 3.20 g per cent. During storage it decreased to 3.11, 3.07, 3.02, 3.14, 3.10 g per cent in control (T₁), MAP (T₂), MAP + citric acid (T₃), MAP + potassium metabisulphite (T₄) and MAP + gait (T₅) samples respectively in whole cluster beans (Cb₁) at the end of the 15 days of storage. Further reduction in the fiber content was found to be in T₂ to T₅ and ranged between 2.89 and 2.97 g per cent and the control was spoiled after 30 days. After 45 days it decreased in T₂, T₃ and T₄ (2.72, 2.74 and 2.79 g per cent) whereas T₅ sample was spoiled.

Table 3: Changes in the acidity content (g%) of cluster bean during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313	0.313
15	0.210	0.211	0.210	0.212	0.214	0.212	0.210	0.212	0.212	0.214	0.215	0.212	0.216	0.212	0.212
30				0.233	0.232	0.232	0.234	0.236	0.232	0.336	0.234	0.232	0.332	0.230	0.232
45				0.244	0.245	0.246	0.246	0.246	0.246	0.245	0.246	0.246			

In large pieces of cluster beans (Cb₂) further reduction was found in the fiber content. After 15 days of storage the values of the fiber content were 3.10, 3.07, 3.04, 3.06 and 3.07 g per cent T₁ to T₅ samples. After 30 days the control was spoiled and in T₂ to T₅ samples the fiber content ranged between 2.97 and 2.98 g per cent. At the end of the storage period (45 days, d₃) the fiber content decreased to 2.71 in T₂, 2.72 in T₃ and 2.70 in T₄ and T₅ sample was deteriorated.

In large pieces of cluster beans (Cb₂) further reduction was found in the fiber content. After 15 days of storage the values of the fiber content were 3.10, 3.07, 3.04, 3.06 and 3.07 g per cent T₁ to T₅ samples. After 30 days the control was spoiled and in T₂ to T₅ samples the fiber content ranged between 2.97 and 2.98 g per cent. At the end of the storage period (45 days, d₃) the fiber content decreased to 2.71 in T₂, 2.72 in T₃ and 2.70 in T₄ and T₅ sample was deteriorated.

After 15 days of storage the fiber content reduced in small pieces of cluster beans (Cb₂). The range of fiber content decreased from 3.10 to 3.12 in T₁ to T₅ samples. After 30 days of storage further reduction was observed in T₂ to T₅ except in Control (T₁) which was spoiled. T₂, T₃ and EU4 contained 2.75, 2.76 and 2.74 g per cent Of the end of the storage (45 days, d₃).

Statistical analysis of the data revealed that highly significant difference was observed in the fiber content Vegetable type (Cb), days of storage and treatments (T) their interactions were significantly different from one another. In the vegetable type (T), whole bean (Cb₁) was the best followed by others. In the treatments (T), MAP + citric acid (T₃) was the best followed by T₂, T₄, T₅ and T₁

Table 4: Changes in the fiber content (g%) of cluster bean during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20	3.20
15	3.11	3.10	3.12	3.07	3.07	3.10	3.02	3.04	3.10	3.14	3.06	3.11	3.10	3.07	3.10
30				2.94	2.98	2.97	2.89	2.97	2.97	2.97	2.97	2.97	2.97		
45				2.72	2.71	2.75	2.74	2.72	2.76	2.79	2.70	2.74			

Generally there was no change in the fiber content during processing whereas in the present study only slight reduction was observed. This may be due to some enzymatic changes on cutting and other minimal processing actions.

Total soluble solids (TSS)

The initial TSS content of cluster beans was 5.6° Brix from Table 5. An increase in the TSS was found during storage. After 15 days of storage also the TSS was found to be 5.6°Brix, in control and all the other samples. After 30 days it was 5.6° Brix in T₂ and T₅ where as in T₃ and T₄ was 5.7°Brix samples and the control was spoiled After 45 days TSS was found to be 5.7 in T₂, T₃ and T₄ samples and T₅ sample was spoiled. The

large pieces of cluster beans (Cb₂) had the TSS contents of 5.6 for the treatments T₁, T₂, T₃, T₄ and T₅ samples after 15 days of storage. Alter 30 days it ranged between 5.6 and 5.7°Brix in T₂ to T₅ samples and the control was spoiled. After 45 days the TSS was found to be 5.6 in T₂, T₃ and T₄ samples and the other sample was spoiled. Similar trend was also observed in small pieces (Gb₃) of cluster.

The large pieces of cluster beans (Cb₂) had the TSS contents of 5.6 for the treatments T₁, T₂, T₃, T₄ and T₅ samples after 15 days of storage. Alter 30 days it ranged between 5.6 and 5.7°Brix in T₂ to T₅ samples and the control was spoiled. After 45 days the TSS was found to be 5.6 in T₂, T₃ and T₄ samples and the other sample was spoiled. Similar trend was also

observed in small pieces (Gb₃) of cluster beans Statistical analysis of the data revealed that there was highly significant difference in TSS of cluster beans during storage. In vegetable type (Gb), minimum increase in TSS was found to be in whole (Gb₁) followed by Gb₂ and Cb₃. The treatment T₂ (MAP) was the best followed by T₃, T₄, T₅ and T₁. Among them T₄ and were on par with each other and significantly different from T₃ and T₁.

Haruenkit and Thompson (1996) [5] showed that storage of pineapples in oxygen levels below 5.4 per cent has little effect on total soluble solids (°Brix). The results were in line with the present study. The changes in the TSS did not depend upon treatments and storage time hi modified atmosphere storage, particularly respiration rates determined the TSS If oxygen concentration reduced below 5 per cent the changes occurred.

Reducing sugar

The initial value of reducing sugar was 0.47 g per cent in the

cluster beans during storage it increased as given in Table 6 From the Table it was observed that in whole (Cb₁) cluster beans, the reducing sugar content increased to 0.68, 0.62, 0.62, 0.68 and 0.69 g per cent in control (T₁), MAP (T₂), MAP + citric acid (T₃), MAP + potassium metabisulphite (T₄) and MAP + salt (T₅) after 15ys. The control sample was spoiled and the reducing sugar content further increased to 0.80 to 0.89 g per cent in T₂ to T₅. After 30 days. After 45 days the days the reducing sugar content was found to be 0.96 in T₂, 0.99 in T₃ and 0.94 in T₄ samples and T₅ samples was spoiled.

In the large pieces (Cb₂) cluster beans, the reducing sugar increased to 0.69, 0.63, 0.64, 0.62 and 0.66 g per cent in T₁ to T₅ after 15 days. Further increase in reducing sugar content was observed in T₂ to T₅ samples (0.81 to 0.84 g per cent) after 30 days. The control sample was spoiled. T₂, T₃and T₄ had 0.95, 0.98 and 0.99 g per cent of reducing sugar and other sample was spoiled after 45 days of storage.

Table 5: Changes in the total soluble solids (°brix) of cluster bean during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6
15	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6	5.6
30				5.6	5.6	5.6	5.7	5.6	5.6	5.7	5.6	5.6	5.6	5.7	5.6
45				5.7	5.6	5.6	5.7	5.6	5.6	5.7	5.6	5.6		5.7	

In small pieces (Cb₃) cluster beans the reducing sugar content increased to 0.67 in T₁, 0.68 in T₂, 0.69 in T₃, 0.64 in T₄ and 0.63 in T₅ samples after 15 days. The Control sample was spoiled and in others it ranged between 0.82 to 0.85 g per cent After 30 days. After 45 days T₂, T₃and T₄ had reducing sugar content of 0.94, 0.97 and 0.90 g per cent while T₅ sample was spoiled. From the statistical analysis of the data, it was clearly known that the education of reducing sugar content was significantly different. Vegetable type (Cb), days of storage and treatment (T) were highly significantly different from one another. In vegetable type whole bean (Cb₁) was the best followed by

large pieces (Cb₂) and small pieces (Cb₃) In the treatments T₃ (MAP + citric acid) was the best followed by T₂, T₄, T₅ and T₁ Among the treatments T₄ and T₅ were on par with each other and significantly different from T₃ and T₁.

Sugars, acids and their interactions are important to sweetness, sourness and overall flavor intensity Changes in reducing sugars, total sugars and sucrose were parallel and the general trend was a decrease with time at each storage conditions Reduction in the loss of sugars was probably the result of decreased respiration rate (Hagenmaeir and Shaw, 1992) [4].

Table 6: Changes in the reducing sugar content (g%)of cluster beans during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47	0.47
15 (d ₁)	0.68	0.69	0.67	0.62	0.63	0.68	0.62	0.64	0.69	0.68	0.62	0.64	0.69	0.66	0.63
30 (d ₂)				0.80	0.81	0.82	0.86	0.84	0.84	0.88	0.82	0.82	0.89	0.83	0.85
45 (d ₃)				0.96	0.95	0.94	0.99	0.98	0.97	0.94	0.99	0.90			

Total sugar

The initial total sugar content was 3.41 g per cent- During storage a decreasing trend in total sugar was noticed Table 7

In the treated samples MAP (T₂), MAP + citric acid (T₃), MAP ± potassium metabisulphite (T₄) and MAP+ salt (T₅) the total sugar content decreased in the range of 3.22 to 3.32 g per cent in the whole cluster beans.(Cb₁) after 15 days of storage. After 30 days the reduction ranged between 3.10 and 3.19 g per cent in T₂ to T₅ samples. After 45 days the reduction was 3.00, 3.02 and 3.03 g per cent in T₂, T₃ and T₄ whereas T₅ sample was spoiled.

In the large pieces (Cb₂) the total sugar ranged between 3.20 and 3.24 g per cent in T₂ to T₅ after 15 days of storage. The reduction in the total sugar content was found to be 3.11 to

3.19 per cent in T₂ to T₅ after 30 days. After 45 days the total sugar was found to be 3.02 in T₂ and T₃, 3.03 g per cent in T₄ whereas T₅ sample was spoiled.

In the small pieces (Cb₃) the total sugar content was found in T₂ to T₅ which ranged between 3.20 and 3.24 g per cent after 15 days. Further decrease was noticed as 3.12 to 3.17 g per cent in T₂ to T₅ After 30 days. 3.00, 3.01 and 3.03 g per cent was found in T₂, T₃ and T₄, T₅ sample was spoiled after 45 days.

From the analyzed statistical data it was observed that the days of storage and treatment (T) were highly significant whereas vegetable type (Cb) had no significant difference. In the treatments (T) T₂, T₃ and T₄ were on par with each other and significant different from T₅ and T₁.

Table 7: Changes in the total sugar content of (g%) cluster bean during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41	3.41
15 (d ₁)	3.24	3.20	3.21	3.22	3.20	3.24	3.32	3.20	3.24	3.31	3.21	3.20	3.30	3.24	3.23
30 (d ₂)				3.10	3.11	3.12	3.18	3.17	3.15	3.17	3.13	3.10	3.19	3.19	3.17
45 (d ₃)				3.00	3.02	3.00	3.02	3.02	3.01	3.03	3.03	3.03			

In case of modified atmosphere (MA) at 5 +1°C, total sugar decreased with increase in carbon dioxide levels till 20 days except in 5 percent level in kin now mandarins. (Singh and Singh, 1996) [11]. The results were in line with the present study. The decrease in sugar content is due to their subsequent utilization via glycol sis for maintenance of respiration over longer period of storage.

Ascorbic acid

The initial ascorbic acid content was 23.40 mg per cent. During storage it decreased in samples which are shown in Table 8.

The whole cluster beans (Cb₂) had the ascorbic acid content of 19.79 g per cent (T₁) after 15 days of storage. In treated samples the ascorbic acid content was 20.99,20.60,20.51 and

20.50 mg per cent in MAP (T₂), MAP + citric acid (T₃), MAP + potassium metabisulphite (T₄) and MAP + salt (T₅) respectively. After 30 days the control sample was soiled and the ascorbic acid content varied from 19.10 to 19.21 mg per cent in treated samples (T₂ to T₅). The ascorbic acid content was found to be 1880, 18.86 and 18.81 mg per cent in T₂, T₃ and T₄ and T₅ sample was spoiled after 45 days.

In the large pieces (Cb₂) the control (T₁) had ascorbic acid content of 19.10 mg per cent. In treated samples it ranged between 19.10 and 20.98 mg per cent after 15 days. The control sample was spoiled and the treated samples (T₂ to T₅) had an ascorbic acid content of 19.00 to 19.21 mg per cent After 30 days. The ascorbic acid content was found to be 18.91, 18.88 and 18.80 in T₂, T₃ and T₄ where as T₅ sample Was spoiled After 45 days.

Table 8: Changes in the ascorbic acid content (mg%) of cluster bean during MAP storage

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40	23.40
15	19.79	19.10	19.10	20.99	20.98	20.98	20.60	20.61	20.61	20.51	20.51	20.51	20.50	20.50	20.50
30				19.10	19.11	19.10	19.00	19.00	19.00	19.20	19.21	19.20	19.21	19.21	19.21
45				18.90	18.91	18.91	1.86	18.88	18.89	18.81	18.80	18.80			

In the small pieces of (Cb₃) cluster beans the loss of ascorbic acid was um control sample had the ascorbic acid content of 19.00 mg per cent whereas treated samples (F₂ to T₅) were in the range of 20.50 to 20.98mg per cent after 15 days After 30 days it reduced in the range of 19.00 to 19.21 mg per cent m treated samples (T₂ to T₅), whereas the control was spoiled. After 45 days the ascorbic acid content was found to be 1891 (T₂), 18.89 (T₃) and 1880 (T₄) mg per cent respectively From statistical analysis of the data it was observed that vegetable type (Cb), storage days (d) and treatments (F) and their interactions were highly significant In the vegetable type (Cb), whole bean (Cb₁) was the best followed by large pieces (Cb₂) and small pieces (Cb₃) In the treatments (T), T₃ (MAP + citric acid) was the best followed by T₂, T₄, T₅ and T₁.

Low temperature was found to have pronounced effect m reducing respiration rate because of which the ascorbic acid was retained to a greater extent The ascorbic acid decreased to 2622, 2697, 2802 and 2772 mg / 100 ml of know juice m two, three, four and five per cent Co2 levels at 5± 1°C after 40 days of storage (Singh and Singh, 1996) [11]. The results observed were on par in the present study. The decrease in ascorbic acid was minimum in MAP stored samples because it has been shown to hasten the loss of ascorbic acid compared to air storage.

Organoleptic evaluation — cluster beans ‘porlyal’

Fresh cluster beans were used as a control for comparing stored samples. The appearance color, flavor, texture, taste and overall acceptability of samples were as good as control Table

9. The MAP + citric acid, MAP + potassium metabisulphite treated samples were good in appearance, color, texture whereas there was a reduction in flavor.

Table 9: Organoleptic evaluation of Cluster bean “Porlyal”

Quality Attributes	T ₁ (control)	T ₂ (MAP)	T ₃ (MAP+ Citric acid)	T ₄ (MAP+KMS)	T ₅ (MAP +Salt)
Appearance	4.00	3.41	3.30	3.31	3.32
Color	3.98	3.56	3.41	3.40	3.31
Flavor	4.00	3.56	3.31	3.21	3.10
Texture	3.97	3.41	3.30	3.19	3.10
Taste	3.98	3.46	3.35	3.34	3.11
Overall acceptability	3.98	3.29	3.10	3.11	3.10

taste and overall acceptability and hence scored low values at the end of the storage period (30 days).

Statistical analysis of the data revealed that quality attributes and treatments (T) and their interactions were highly significant In the quality attributes color scored higher values followed by appearance, flavor, texture, taste and overall acceptability In the treatments, control (T₁) scored higher values followed by T₂(MAP), T₃(MAP + citric acid), T₄(MAP + potassium metabisulphite and T₅ (MAP + salt)

Higher sensory scores for orange color intensity, slipperiness and preference were appearances were noticed. These results were similar to those previously reported for samples evaluated under fluorescent light (Howard and Dewi, 1995) [6] Similar results was observed in the present study.

Microbial load - bacteria x 10⁻⁶ cfu/g

The initial microbial counts were 6.00, 5.00, 6.00, 5.00 and 6.00 x 10⁻⁶ cfu/g for control (T₁), MAP (T₂), MAP + citric acid (T₃), MAP + potassium metabisulphite (T₄) and MAP + salt (T₅) respectively. During storage the microbial counts increased Table 10.

In the whole cluster beans (Cb₁) the bacterial count was found to be 12.10 (T₁), 7.15 (T₂), 7.14 (T₃), 8.13 (T₄) and 8.19 (T₅) x 10⁶ cfu/g samples during 15 days of storage. After 30 days the control sample was spoiled and it increased to 8.77, 8.98, 9.16 and 8.76 x 10⁻⁶ cfu/g in T₂, T₃, T₄ and T₅ respectively. After 45 days 9.15 in T₂, 9.17 in T₃ and 9.25 x 10⁶ cfu/g in T₄ counts were found whereas T₅ sample was completely spoiled.

In the large pieces (Cb₂) the bacterial count was increased and the values were 12.11, 7.14, 7.16, 8.14 and 7.19 x 10⁶ cfu/g in T₁, T₂, T₃, T₄ and T₅ samples after 15 days. The bacterial count was found to be 8.76, 8.97, 9.15 and 8.75 x 10⁻⁶ cfu/g in T₂, T₃, T₄ and T₅ samples. After 30 days and the control was spoiled. After 45 days the bacterial count was found to be 9.16, 9.18

and 9.26 x 10⁻⁶ cfu/g in T₃ and T₄ whereas T₅ was spoiled. In the small pieces (Cb₃) the microbial count increased during storage as indicated above.

Statistical analysis of the data revealed that vegetable type (Cb), days of storage and treatments (T) and their interactions were highly significant. In the vegetable type (Cb), minimum bacterial load was found in whole cluster beans (Cb₁) followed by large pieces (Cb₂) and small pieces (Cb₃). In the case of treatments (1) T₂ T₃ were on par with each other and were significantly different from T₄ and T₅.

Kakiomeneu *et al.*, (1996) [7] studied that microbial changes in total viable count, lactic acid bacteria, yeast, and pseudomonas during storage of refrigerated (4°C) and temperature abused (10° C) shredded carrots in 93 per cent N₂. The lactic acid bacteria were found to be highest among counts on cliv, and yeast although initially present were only 140 per cent of the total viable counts. According to Carlin *et al.*, (1990) [11] the lactic acid bacteria dominant in shredded carrot. Similar trends were also observed in the present study.

Table 10: Enumeration of bacteria (x 10⁻⁶ dfu/ g) in stored cluster bean

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP+ Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	6.00	6.00	6.00	5.00	5.00	5.00	6.00	6.00	6.00	5.00	5.00	5.00	6.00	6.00	6.00
15	12.10	12.11	12.12	7.15	7.14	7.16	7.14	7.16	7.16	8.13	8.14	8.14	8.19	7.19	7.16
30				8.77	8.76	8.76	8.98	8.97	8.98	9.16	9.15	9.15	8.76	8.75	8.76
45				9.15	9.16	9.15	9.17	9.18	9.17	9.25	9.26	9.26			

Fungi x 10⁻³ cfu/g

The initial fungal counts were 5.00, 5.00, 6.00, 5.00 and 6.00 x 10⁻³ cfu/g in T₁ to T₅ samples. From Table 11 was observed that fungi count increased during storage.

After 15 days of storage the counts were 14.00, 8.00, 9.10, 8.00 and 9.00 x 10⁻³ cfu/g in control (T₁), MAP (T₂), MAP + citric acid (T₃), MAP + potassium metabisulphite (T₄) and MAP + salt (T₅) samples of whole cluster beans (Cb₁) respectively. After 30 days it ranged between 9.00 and 10.33 x 10⁻³ cfu/g in T₂ to T₅ and the control was spoiled. After 45 days the counts were 11.00, 10.00 and 10.00 x 10⁻³ cfu/g in T₂, T₃ and T₄ respectively whereas T₅ sample was completely spoiled.

In the large pieces (Cb₂) it increased further than earlier and ranged as 14.20, 9.67, 10.00, 9.56 and 10.00 x 10³ cfu/g in T₁ to T₅ samples after 15 days. After 30 days counts were found to 10.00, 11.00, 10.00 and 10.00 x 10⁻³ cfu/g in T₂ to T₅ samples. After 45 days 12.22 (T₂), 12.15 (T₃) and 11.33 (T₄) x 10⁻³ cfu/g counts were observed and T₅ sample was spoiled. Similar trends were also observed in small pieces (Cb₃) counts increased to 14.00, 8.00, 9.10, 9.10 and 10.00 x 10⁻³ cfu/g in T₁ to T₅ samples after 15 days. At the end of the storage period the counts were 12.00, 11.33 and 12.00 x 10⁻³ cfu/g in T₂, T₃ and T₄ respectively whereas T₅ was spoiled.

Table 11: Enumeration of fungi (x10⁻³ cfu/g) in stored cluster bean

Storage period	T ₁ (control)			T ₂ (MAP)			T ₃ (MAP Citric acid)			T ₄ (MAP+KMS)			T ₅ (MAP+ Salt)		
	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}	Cb _{1w}	Cb _{2L}	Cb _{3S}
Initial	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00	5.00
15 (d ₁)	14.00	14.20	14.00	8.00	9.67	8.00	9.10	10.00	9.10	8.00	9.56	9.10	9.00	10.00	10.00
30 (d ₂)	-	-	-	9.00	10.00	10.00	10.33	11.00	12.00	9.33	10.00	10.00	10.00	10.00	10.00
45 (d ₃)	-	-	-	11.00	12.22	12.00	10.00	12.15	11.33	10.00	11.33	12.00	-	-	-

Conclusions

Moisture

The whole cluster beans (Cb₁) exhibited higher moisture content throughout the study period compared to others like large pieces (Cb₂) and small pieces (Cb₃) cluster beans. The final moisture content of whole (Cb₁) cluster beans was 70.30 for (MAP) T₂, 70.36 in MAP+ citric acid (T₃) and 70.30 for MAP + potassium metabisulphite (T₄) after 45 days of storage.

pH

(A gradual increase in pH was observed after 15 days of storage. After that a decreasing trend was noticed throughout the study period. The percentage reduction was maximum in

small pieces (Cb₃) compared to others. The final pH of small pieces cluster beans was 5.15 in T₂, 5.16 in T₃, 5.14 in T₄ respectively.

Acidity

An increasing trend in the acid content of cluster beans was noted throughout the storage period in whole (Cb₁), large pieces (Cb₂) and small pieces (Cb₃) types. The initial acidity was 0.313 per cent which increased to 0.244, 0.246 and 0.245 and 0.245, 0.246 and 0.246 and 0.245, 0.246 and 0.246 in MAP (T₂), MAP+ citric acid (T₃) and MAP + potassium metabisulphite (T₄) respectively in Cb₁, Cb₂ and Cb₃ Cluster beans at the end of the storage period.

Fiber

Variations in the fiber content of cluster beans was noted during the study period. The fiber content reduction was maximum in small pieces cluster beans (Cb₃) and minimum in whole cluster beans (Cb₁) the values were 2.75, 2.76 and 2.74, in 2.74 and 2.74 in T₂, T₃ and T₄ of Cb₁ and Cb₃ respectively.

Total soluble solids (TSS)

A slight change in the TSS content was observed during the study period. The initial TSS content of the cluster beans was 5.6 °brix which had increased to 5.7 (T₂), 5.7(13) and 5.7(14) in whole cluster beans (Cb₁) which was minimum. The minimums noted in small pieces (Cb₃) at the end of the storage period.

Reducing sugar

The control had slightly higher reducing sugar content than the pretreated samples. The actual increase of reducing sugar content were 0.96, 0.99 and 0.94 g per cent in MAP (T₂), MAP+ citric acid (T₃) and MAP + potassium metabisulphite (T₄) in whole (Cb₁) cluster beans. The large pieces (Cb₂) and small pieces (Cb₃) had 0.95, 0.98 and 0.99, 0.94, 0.97 and 0.90 g per cent in T₂, T₃ and T₄ respectively.

Total sugar

A decreasing trend in the total sugar content was observed during the storage period. The initial sugar content was 3.41 g per cent. The reduction percentage was minimum in whole (Cb₁) cluster beans, followed by large pieces (Cb₂) and small pieces (Cb₃) types. After 45 days of storage the total sugar content reduced to 3.00, 3.02 and 3.03 in T₂, T₃ and T₄ respectively in Cb₁ cluster beans.

Ascorbic acid

A reduction in the ascorbic acid content was observed irrespective of the storage period. The reduction was maximum in control compared to other pretreated cluster beans. The initial ascorbic acid content was 23.40 mg per cent. The percentage reduction was maximum in whole (Cb₁) which had the T₂, T₃ and T₅ values of 18.90, 18.86 and 18.81 mg per cent respectively.

Organoleptic evaluation

The quality attributes like appearance, color, flavor, texture, taste and overall acceptability exhibited higher values (3.98) for fresh cluster beans 'ponyal' whereas decreasing trend was observed in MAP (T₂), MAP+ citric acid MAP and MAP + potassium metabisulphite (T₄) where T₅ showed a slight bitter taste and scored lower values.

Bacterial load

A gradual increase in the bacterial flora was noted in cluster beans after 45 days of storage. The increase was maximum in small pieces (Cb₃) type and had 9.15, 9.17 and 9.26 x 10⁶ cfu/g for T₂, T₃ and T₄ which had the initial counts of 5.00, 6.00 and 5.00 x 10⁶ cfu/g respectively.

Fungi

Similar to bacterial flora an increase in the fungal population was observed in stored cluster beans as storage period increased. The whole cluster beans (Cb₁) exhibited a slightly lower fungal population than others. Fungal populations of whole cluster

beans (Cb₁) at the 45th day of storage in T₂, T₃, T₄ and T₅ were noted as 11.00, 10.00 and 10.00 x 10⁻³ respectively.

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